



Sveučilište
u Splitu
University
of Split

SPLIT SUMMER SCHOOL 2023

COURSE: SAILING AND SURVIVAL AT SEA

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Web page: <http://split-summerschool.com>



Main topics:

- Cold exposure injuries at sea. Other medical problems aboard survival craft. Immersion. Near drowning.
- Food and water for rescued survivors. First Aid for Hazardous Marine Life Injuries. First Aid for Bites and Stings from Land Creatures (Coastal area, Adriatic Sea).
- Personal mental disabilities and how to talk in crisis situations.
- Rope works: knots and splices, rope connections.
- Sailing and seamanship / multi day on board practical activities (sleeping on sailing boats).*
- Final seminars presentations.

Programme structure:

- 5-day course
- Sample data will be provided for practice and for final presentation
- Every student gets lecture notes bound into a booklet, as well as a CD containing a digital version of the booklet, the current version of Y-code

Important dates:

Course dates: 25/9/2023 – 29/9/2023
Deadline for application: 10/7/2023
Payment due by: 31/7/2023
Confirmation of the course: 14/8/2023

Price of the course: 450 € (tax included)

Programme plan:**Day 1**

- Introduction (0,5)
- Basic principles of sailing (1)
- Cold exposure injuries at sea: Frostnip, Frostbite, Immersion foot (trench foot), Generalized hypothermia due to cold water (1)
- Other medical problems aboard survival craft. Seasickness. Sunburn. Dehydration and malnutrition. Heat exposure. Contamination with oil. (1,5)
- Personal mental disabilities (1)

Day 2

- Rope works: knots and splices, rope connections (1,5)
- Vessel Deck Equipment (1,5)
- Immersion. Near drowning. (0,5)
- Food and water for rescued survivors. (0,5)
- First Aid for Hazardous Marine Life Injuries. First Aid for Bites and Stings from Land Creatures (Coastal area, Adriatic Sea). (1)

Day 3

- Sailing and seamanship / multi day on board practical activities (sleeping on sailing boats)*

Day 4

- Sailing and seamanship / multi day on board practical activities (sleeping on sailing boats)*

Day 5

- How to talk in crisis situations? (1,5)
- Final students seminars presentations (1,5)
- Sailing to Split (2)

Programme lecturers:

Nikola Račić, PhD
University of Split, Faculty of Maritime Studies
Croatian Scientific Bibliography

Rosanda Mulić, PhD
University of Split, Faculty of Maritime Studies
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Andrea Russo, PhD
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